

# 2024 County Report

**County Name: Whiteside** 





Data collected Spring 2024

#### Introduction

Based on the administration of the Illinois Youth Survey (2024), this report provides county-level data on a variety of health and social indicators including drug use, bullying, school climate, and much more. The data has been organized into topical sections as noted in the table of contents. In some cases, only a portion of schools in a county participate in the Illinois Youth Survey (IYS). County reports are generated when there are two or more eligible public schools from two or more districts participating at the 8th, 10th, or 12th grade level. Eligible public schools are regular public schools, not specialized, that contain at least 10 students at the 8th, 10th, or 12th grade level, and thus are part of the pool of schools from which the statewide sample is drawn.

The IYS is offered to both public and private schools. Because of the lack of available enrollment information for private schools, the participation tables below reflect public school data only.

#### Public School Building Participation

In Table 1, the number of eligible public schools (schools that contain at least 10 students at the 8th, 10th, or 12th grade level) is compared with the actual number of IYS participating public schools in the county. There will be no data presented in this report for any grade level with data from only one district. This is to protect the confidentiality of district-level results.

Middle Schools		High Schools	
(8th gr	(8th grade) (10th and/or 12th g		2th grades)
N Schools	N Schools	N Schools	N Schools
Participating	Eligible	Participating	Eligible
2	8	1	6

Table 1: Public School Building IYS Participation by School Level

#### **Public School Student Participation**

Table 2 compares the actual number of students surveyed with the number of all students enrolled in public schools within the county. Again, enrollment totals are based on student enrollment at public schools with at least 10 enrolled students at the 8th, 10th or 12th grade level. Table 2 is based solely on public school students due to the lack of available enrollment information for private schools. There will be no data presented in this report for any grade level with fewer than 10 valid surveys (in the column "N Students Surveyed"). This is to protect student confidentiality.

	N Students Surveyed	N Enrolled Students in County	% Enrolled Students in County Report	
8th	275	628	44%	
Total	275	628	44%	

Table 2: Public School Student IYS Participation by Grade

#### Tips for Using this Report

The data presented in this report reflects participating public and private schools in this county, as well as schools that serve youth in specialized settings such as charter schools or alternative schools. The list of schools that contributed to the data can be found following the table of contents.

The IYS 8th grade survey form does not include all questions asked on the IYS high school form. For that reason, responses to some questions do not appear in the tables for some grade levels. If you would like to determine what section includes responses to a specific survey item or verify if a question was asked at a specific grade level, please refer to the Site Report Appendix on the IYS website at <a href="http://iys.cprd.illinois.edu/results">http://iys.cprd.illinois.edu/results</a>.

When looking at percentages, keep in mind that 0% may be a rounded number that does not mean "0" people affected. For example, a value of 0.4% would be rounded down to 0%.

Tables can be helpful when you are looking for a summary of responses for a particular survey question, for example, the percentage of 8th grade youth who report using prescription pain killers to get high. Some tables may contain a mean score (an average of all the responses), a median score (the middle point of all responses given) or an "N" (number of students who responded to that question). Tables can also be useful when you need specific data to support a grant or report. If you see an "N/A" (Not Applicable) noted in a table, this indicates that the question was **not asked at that grade level.** If you see an "N/R" (Not Reported) noted in a table, this indicates, unless otherwise specified, that at least 90% of students skipped the question for no known reason, making the results too biased to report. For tables that are "among users" only grade levels with "at least one user" will display; grade levels with "0" users will not show.

Summary charts were provided in previous years to help you compare local results to a random sample of students across the state of Illinois. Due to the lingering effects of the COVID-19 pandemic and a subsequent decline in participation, an IYS state sample is not available for 2022 and there are no summary charts included in this report. State level results from the 2024 IYS will be available in late fall. Until then, you can compare these results to a county with similar characteristics, or to the 2020 report for suburban Chicago counties, other urban/suburban counties, or rural counties (Chicago is not available). All of these reports are available on the IYS website.

We are confident that you will find this report to be a valuable resource for planning, grant writing, program development and reporting. If you have any questions about this report, please call 888-333-5612 to speak to an IYS Coordinator or visit the IYS website at <a href="http://iys.cprd.illinois.edu/">http://iys.cprd.illinois.edu/</a>.

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#### **List of Schools**

#### Public or private schools that contributed to the data in this report:

ISBE ID	School Name
12039	River Bend Middle School
13644	Challand Middle School

## (1) Student Characteristics

#### Age

8th		
Avg	N	
13.5	275	

#### Gender\*

	8th	
Female	48%	131
Male	49%	135
Prefer not to answer	3%	8
Total	100%	274

<sup>\*</sup>In 2024 question and response options were changed

#### Race

	8th	
	%	N
White	61%	167
Black/African American	4%	10
Latino/Latina	12%	32
Asian American	1%	4
Native American/American Indian	0%	1
Multi-racial	19%	53
Other	3%	7
Total	100%	274

#### Who do you live with MOST OF THE TIME:

	8t	h
	%	N
Both parents	46%	126
Parent and step parent	14%	37
Mother only	12%	33
Father only	2%	5
Split time between parents	18%	49
Legal guardian	0%	1
Foster parent (including relatives if they are your foster parent)	0%	0
Group home or residential care	0%	0
Grandparents only	4%	10
Living independently	N/A	N/A
Multiple living situations	4%	11
Total	100%	272

#### During the past 30 days, where did you usually sleep:

	8t	h
	%	N
In my parent's or guardian's home	99%	270
In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	1%	2
In a shelter or emergency housing	0%	0
In a motel or hotel	0%	1
In a car, park, campground, or other public place	0%	0
I do not have a usual place to sleep	0%	0
Somewhere else	0%	1
Total	100%	274

#### Zip code of student

	8th
61037	0%
61071	0%
61081	73%
61230	4%
61250	0%
61252	19%
61285	0%
61452	0%
Invalid or no response	2%

#### At school, are you eligible to receive:

	8th N	
Free lunch	79%	217
Reduced price lunch	9%	25
Neither	12%	32
Total	100%	274

#### Amount of time spent home alone each week after school:

	8th
None	38%
1 to 2 days, less than 3 hours per day	26%
1 to 2 days, more than 3 hours per day	6%
3 or more days, less than 3 hours per day	20%
3 or more days, more than 3 hours per day	11%
Total	100%

## (2) Drug Prevalence and Behaviors

#### 2024 Substance Use Rates by Grade - Part 1 of 3

Substance Used	8th Grade
Used Past Year	
Any common substance (including alcohol, inhalants or marijuana)*	23%
Any common substances plus vaping (including alcohol, tobacco products, e-cigarettes or other vaping products, inhalants, or marijuana)*	26%
Alcohol	20%
E-cigarettes or other vaping products	10%
Any Tobacco Product (including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or tobacco used in a hookah water pipe)	2%
Inhalants	1%
Marijuana	7%
Synthetic marijuana	1%
Alcohol and marijuana at the same time	2%
Alcohol and energy drinks at the same time	3%
Any Illicit Drugs (excluding marijuana)	0%
Crack/Cocaine	0%
Hallucinogens/LSD	0%
Ecstasy/MDMA	0%
Methamphetamine	0%
Heroin	0%
Any Prescription Drugs to get high	0%
Prescription Painkillers	0%
Other Prescription Drugs	0%
Prescription pain medicine without prescription or differently than prescribed	3%
Prescription drugs not prescribed to you	2%
Over-the-Counter Drugs	0%
# of Respondents	275

<sup>\*</sup>Past year cigarette use was not asked in 2024. Not comparable to 2022

#### 2024 Substance Use Rates by Grade - Part 2 of 3

Substance Used	8th Grade
Used Past 30 Days	
Alcohol	5%
Any tobacco products OR e-cigarettes or other vaping products	5%
Cigarettes*	0%
Smokeless tobacco	1%
Smoked tobacco (other than cigarettes)	0%
E-cigarettes or other vaping products	5%
Marijuana	4%
Prescription drugs not prescribed to you	0%
# of Respondents	275

<sup>\*</sup>In 2024 response options were changed

#### 2024 Substance Use Rates by Grade - Part 3 of 3

Substance Used	8th Grade
<b>Used Past 2 Weeks</b>	S
Binge Drinking	2%
# of Respondents	275

#### How old were you when you first:

		Never have	10 or younger	11	12	13	14	15	16	17	18 or older	Total
	Had more than a sip or two of alcohol	68%	11%	4%	6%	8%	2%	0%	0%	0%	0%	100%
	Began drinking alcohol regularly (at least once or twice a month)	97%	1%	0%	0%	0%	1%	0%	0%	0%	0%	100%
8th	Smoked a cigarette, even just a puff	96%	1%	0%	1%	1%	0%	0%	0%	0%	0%	100%
	Used an e-cigarette or other vaping product	82%	1%	4%	5%	7%	1%	0%	0%	0%	0%	100%
	Used marijuana	91%	0%	2%	3%	3%	1%	0%	0%	0%	0%	100%

#### ALCOHOL: On how many occasions (if any) have you had alcohol:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
Oth	In the past 30 days	93%	6%	0%	0%	0%	0%	100%
8th	In the past year	80%	15%	3%	0%	1%	1%	100%

#### ALCOHOL PLUS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	Used marijuana and alcohol at the same time	97%	2%	0%	0%	0%	0%	100%
Oll1	Used alcohol and energy drinks at the same time	97%	2%	0%	0%	0%	0%	100%

BINGE DRINKING: Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row:

	8th
None	98%
Once	0%
Twice	1%
3-5 times	1%
6-9 times	0%
10 or more times	0%
Total	100%

#### ALCOHOL TYPE: Among alcohol users in the past 30 days, what did you drink\*:

	8th Grade
Beer from bottles, cans, or a keg	43%
Wine	62%
Hard liquor (vodka, whiskey, or gin)	23%
Alcopops (wine coolers, hard lemonade, hard cider, or hard seltzers)	36%

<sup>\*</sup>A similar version of this question appeared in 2018

#### CIGARETTES: During the past 30 days, how frequently have you\*:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Smoked cigarettes	100%	0%	0%	0%	0%	100%

<sup>\*</sup>In 2024 response options were changed

E-CIGARETTES OR VAPING PRODUCTS: During the past 30 days, how frequently have you:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Used e-cigarettes or other vaping products	94%	4%	1%	0%	1%	100%

E-CIGARETTES OR VAPING PRODUCTS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	Used e-cigarettes or other vaping products	90%	3%	4%	0%	1%	2%	100%

TOBACCO PRODUCTS OTHER THAN CIGARETTES: During the past 30 days, how frequently have you used:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
8th	Smokeless tobacco such as chewing tobacco, snuff, dip, or snus	99%	1%	0%	0%	0%	100%
Our	Smoked tobacco products other than cigarettes such as cigars, cigarillos, or little cigars	100%	0%	0%	0%	0%	100%

TOBACCO PRODUCTS: In the past year, on how many occasions (if any) have you: used any tobacco product including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or a hookah water pipe:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	98%	2%	0%	0%	0%	0%	100%

INHALANTS: On how many occasions (if any) have you sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	99%	0%	0%	0%	0%	0%	100%

MARIJUANA: On how many occasions (if any) have you used marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past 30 days	95%	3%	1%	1%	0%	0%	100%
	In the past year	93%	3%	1%	1%	1%	0%	100%

SYNTHETIC MARIJUANA, SPICE, OR FAKE WEED: On how many occasions (if any) have you used synthetic marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
8th	In the past year	99%	0%	0%	0%	0%	0%	100%

MARIJUANA METHOD OF USE: Among users in the past 30 days, how have you used marijuana\*:

	8th Grade
Smoked it (in a joint, bong, pipe, blunt)	42%
Vaporized it (e.g., vapor pen)	58%
Ate it (in brownies, cakes, candy, etc.)	17%
Dabbed it	17%
# of Marijuana Users in the Past 30 days	12

<sup>\*</sup>If you see an **N/R** (**Not Reported**) noted in this table, it means that *at least 50% of students skipped the question for no known reason*, making the results too biased to report

#### PRESCRIPTION DRUGS: Have you used prescription drugs not prescribed to you:

		Yes	No	Total
8th	In the past 30 days	1%	99%	100%
	In the past year	2%	98%	100%

#### ILLICIT DRUGS: During the past 12 months, how often have you used:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
	MDMA ("ecstasy")	100%	0%	0%	0%	0%	0%	100%
	LSD or other psychedelics	100%	0%	0%	0%	0%	0%	100%
8th	Cocaine or crack	100%	0%	0%	0%	0%	0%	100%
	Meth (methamphetamine)	100%	0%	0%	0%	0%	0%	100%
	Heroin	100%	0%	0%	0%	0%	0%	100%

## PRESCRIPTION AND OVER THE COUNTER DRUGS: During the past 12 months, how often have you used:

		Never	1-2 times	3-5 times	6+ times	Total
8th	Prescription pain medicine without a prescription or differently than prescribed	97%	2%	0%	0%	100%
	Prescription painkillers to get high (e.g., OxyContin, Vicodin, Lortab, etc.)	100%	0%	0%	0%	100%
Out	Other prescription drugs to get high (e.g., Ritalin, Adderall, Xanax, etc.)	100%	0%	0%	0%	100%
	Something you bought in a store to get high (e.g., cough syrup, etc.)	100%	0%	0%	0%	100%

### (3) Drug Use Contributing Factors

PERSONAL DISAPPROVAL: How wrong do you think it is for someone your age to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
	Drink beer, wine or hard liquor (e.g., vodka, whiskey or gin) regularly	68%	25%	6%	0%	100%
	Smoke cigarettes	82%	16%	1%	0%	100%
8th	Use e-cigarettes or other vaping products	73%	19%	7%	1%	100%
	Use marijuana	75%	17%	7%	1%	100%
	Use prescription drugs not prescribed to them	81%	16%	3%	0%	100%

PERCEIVED RISK ASSOCIATED WITH USE: How much do you think people risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
	Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day	7%	14%	30%	49%	100%
	Have five or more drinks of an alcoholic beverage once or twice a week	5%	8%	29%	58%	100%
8th	Smoke one or more packs of cigarettes per day	5%	4%	23%	68%	100%
	Use e-cigarettes or other vaping products	4%	10%	35%	51%	100%
	Use marijuana once or twice a week	9%	14%	31%	45%	100%
	Use prescription drugs not prescribed to them	4%	4%	17%	75%	100%

PERCEIVED RISK ASSOCIATED WITH TEEN ALCOHOL USE: How much do you think people YOUR AGE risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
8th	Use alcohol once or twice per month	4%	20%	37%	38%	100%

#### PERCEIVED PEER NORMS: What are the chances you would be seen as cool if you:

		No or very little chance	Little chance	Some chance	Pretty good chance	Very good chance	Total
	Began drinking alcohol regularly, that is, at least once or twice a month	63%	17%	12%	5%	2%	100%
8th	Smoked cigarettes	70%	15%	12%	3%	1%	100%
	Used e-cigarettes or other vaping products	56%	18%	15%	9%	2%	100%
	Used marijuana	59%	18%	14%	5%	4%	100%

#### PERCEIVED PEER DISAPPROVAL OF USE: How wrong do your friends feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
	Have one or two drinks of an alcoholic beverage nearly every day	70%	20%	8%	3%	100%
	Smoke tobacco	75%	20%	5%	1%	100%
8th	Use e-cigarettes or other vaping products	62%	20%	13%	5%	100%
	Use marijuana	67%	19%	10%	4%	100%
	Use prescription drugs not prescribed to you	77%	19%	3%	1%	100%

## PERCEIVED PARENT DISAPPROVAL OF USE: How wrong do your parents feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
	Drink beer, wine, or hard liquor (e.g., vodka, whiskey, or gin) regularly (at least once or twice a month)	84%	9%	4%	3%	100%
	Have one or two drinks of an alcoholic beverage nearly every day	91%	6%	2%	1%	100%
8th	Smoke tobacco	93%	4%	2%	0%	100%
	Use e-cigarettes or other vaping products	89%	7%	3%	1%	100%
	Use marijuana	87%	7%	5%	1%	100%
	Use prescription drugs not prescribed to you	91%	7%	2%	0%	100%

## PARENT COMMUNICATION ABOUT DRUGS: In the past year, have your parents/guardians talked to you about:

		Yes	No	Don't remember	Total
	Not using alcohol	57%	30%	14%	100%
Oth	Not using tobacco	51%	31%	18%	100%
8th	Not using marijuana	55%	32%	12%	100%
	Not using opioids for non-medical reasons	39%	43%	18%	100%

#### PARENT ALCOHOL MONITORING: Would you be caught by your parents if:

		Never	Sometimes	Most of the time	Always	Total
8th	You drank some beer, wine or liquor (e.g., vodka, whiskey, or gin) without your parents' permission	27%	14%	20%	39%	100%
	You go to a party where alcohol is served	22%	19%	20%	39%	100%

#### PARENT OVERALL MONITORING:

		Never	Sometimes	Most of the time	Always	Total
	When I am not at home, one of my parents/guardians knows where I am and who I am with	1%	4%	24%	70%	100%
8th	My parents/guardians ask if I've gotten my homework done	5%	17%	23%	55%	100%
	Would your parents/guardians know if you did not come home on time	4%	7%	22%	67%	100%

#### My family has clear rules about alcohol and drug use:

	8th
Yes	87%
No	13%
Total	100%

PERCEIVED ACCESS: If you wanted to get the following, how easy would it be for you to get some:

		Very hard	Sort of hard	Sort of easy	Very easy	Total
	Beer, wine, or hard liquor (e.g., vodka, whiskey, or gin)	49%	21%	16%	14%	100%
	Cigarettes	68%	18%	11%	4%	100%
011	E-cigarettes or other vaping products	55%	19%	14%	12%	100%
8th	Marijuana	67%	17%	10%	7%	100%
	Prescription drugs not prescribed to you	64%	14%	13%	9%	100%
	Opioid medications from your home	76%	12%	7%	4%	100%

TOBACCO, E-CIGARETTES, OR OTHER VAPING PRODUCTS\*\* SUPPLY SOURCE ONLY AMONG USERS: During the past year, did you get any tobacco products, e-cigarettes, or other vaping products from the following sources\*:

	8th Grade
Retail Purchase	
I bought them at a gas station or store or mall	0%
Online Access	
Bought online	3%
Parent Supply	
My parents WITH their permission	7%
Social Access	
A friend gave them to me	52%
My older brother or sister gave them to me	17%
Accessed Without Permission	
My parents WITHOUT their permission	31%
# of Tobacco, E-cigarette, or Vaping Users in the Past Year	29

<sup>\*</sup>If you see an **N/R (Not Reported)** noted in this table, it means that at least 50% of students skipped the question for no known reason, making the results too biased to report

<sup>\*\*</sup>In 2024 wording changed to TOBACCO, E-CIGARETTES, OR OTHER VAPING PRODUCTS

ALCOHOL SUPPLY SOURCE ONLY AMONG ALCOHOL USERS: During the past year, did you usually get your own beer, wine or liquor from the following sources\*:

	8th Grade
Retail Purchase	
Any Retail Source	9%
I bought it at a bar or restaurant	8%
I bought it at a gas station or store	7%
Curbside/Home delivery	6%
Parent Supply	
My parents WITH their permission	35%
Social Access	
Any Social Source (excluding parents)	31%
A friend gave it to me	26%
I got it at a party	15%
I gave a stranger money to buy it for me	7%
My older brother or sister gave it to me	15%
An adult (other than my parents) WITH that adult's permission	15%
Accessed Without Permission	
Stole or Took Without Permission	22%
My parents WITHOUT their permission	20%
An adult (other than my parents) WITHOUT that adult's permission	9%
# of Alcohol Users in the Past Year	54

<sup>\*</sup>If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50%* of *students skipped the question for no known reason*, making the results too biased to report

MARIJUANA SUPPLY SOURCE ONLY AMONG MARIJUANA USERS: In the past year, did you get your own marijuana from any of the following sources\*:

	8th Grade
I bought it from someone who sells drugs	16%
I gave a stranger money to buy it at a marijuana dispensary	0%
Someone gave it to me	58%
A friend gave it to me	37%
My parents WITH their permission	11%
My older brother or sister gave it to me	26%
An adult (other than my parents) WITH that adult's permission	5%
My parents WITHOUT their permission	26%
Someone else's medical marijuana prescription	0%
My own medical marijuana prescription	5%
# of Marijuana Users in the Past Year	19

<sup>\*</sup>If you see an **N/R (Not Reported)** noted in this table, it means that at least 50% of students skipped the question for no known reason, making the results too biased to report

PRESCRIPTION DRUG SOURCE TYPE ONLY AMONG PRESCRIPTION DRUG USERS: In the past year, did you get prescription drugs not prescribed to you from any of the following sources\*:

	8th Grade
I bought them from someone (friend, relative, stranger, etc.)	0%
Someone gave them to me	75%
My parents gave them to me	75%
Someone other than my parents gave them to me (friend, relative, friends' parent, etc.)	0%
I took them from somewhere	25%
I took them from home without the knowledge of my parents/guardians	25%
I took them from someone else's home	0%
# of Prescription Drug Users in the Past Year	4

<sup>\*</sup>If you see an **N/R (Not Reported)** noted in this table, it means that at least 50% of students skipped the question for no known reason, making the results too biased to report

### (4) Interpersonal Conflict, Violence, and Delinquency

DELINQUENCY: How many times in the past year (12 months) have you:

		Never	1-2 times	3-5 times	6+ times	Total
	Been in a physical fight	70%	23%	5%	3%	100%
8th	Carried a weapon such as a handgun, knife, or club	87%	7%	2%	4%	100%
	Sold illegal drugs	99%	0%	0%	1%	100%
	Been drunk or high at school	97%	1%	0%	1%	100%

#### BULLYING EXPERIENCES: During the past 12 months, has another student at school:

	8th
Bullied you by calling you names	44%
Threatened to hurt you	28%
Bullied you by hitting, punching, kicking, or pushing you	19%
Bullied, harassed, or spread rumors about you on the Internet, social media, or through text messages	31%
Ever bullied (reported at least 1 type of bullying)	53%
Intensely bullied (reported all types of bullying)	10%

BIAS-BASED BULLYING: In the past 12 months at school, how often have you been bullied, harassed, or made fun of because of:

		Never	1-2 times	3-5 times	6+ times	Total
8th	Your appearance or a disability	46%	21%	13%	20%	100%

DATING VIOLENCE: During the past 12 months, have any of the following been done by someone in a dating relationship with you:

		I have not begun to date	Yes	No	Not sure	Total
8th	Slapped, kicked, punched, hit, or threatened you	29%	10%	57%	4%	100%

### (5) Academic and School Experiences

SCHOOL ABSENCES: About how many days are you absent from school during an entire year:

	8th
0-9 days	68%
10-19 days	27%
20-30 days	3%
More than 30 days	3%
Total	100%

ACTIVITIES AND OPPORTUNITIES: In which of the following activities do you participate:

	81	th
	%	N
School sports team	64%	176
Other sports	53%	143
School clubs	27%	69
Service clubs or volunteer projects (e.g., Scouting, 4H)	15%	37
Other activity clubs (e.g., Boys & Girls, YMCA, etc.)	13%	34
Church youth group or other faith-based youth group	39%	102

#### **ACTIVITIES AND OPPORTUNITIES: Participation in activities:**

	8th
0 activities	17%
1 activity	19%
2 or more activities	65%
Total	100%

ACADEMIC ACHIEVEMENT: Putting them all together, what were your grades like for the last year:

	8th
Mostly A	20%
Mostly A and B	34%
Mostly B	4%
Mostly B and C	21%
Mostly C	4%
Mostly C and D	10%
Mostly D	3%
Mostly F	4%
Total	100%

#### SCHOOL CLIMATE/CARING ADULTS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
	Who really cares about me	8%	17%	36%	39%	100%
Oth	Who notices when I'm not there	9%	20%	37%	34%	100%
8th	Who listens to me when I have something to say	8%	17%	37%	39%	100%
	Who notices if I have trouble learning something	10%	24%	35%	30%	100%

#### SCHOOL CLIMATE/HIGH EXPECTATIONS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
	Who tells me when I do a good job	7%	19%	34%	40%	100%
Oth	Who always wants me to do my best	5%	10%	26%	60%	100%
8th	Who believes I will be a success	7%	14%	29%	50%	100%
	Who encourages me to work hard in school	7%	11%	28%	55%	100%

#### SCHOOL CLIMATE/MEANINGFUL PARTICIPATION: How true are the following statements:

		Not at all true	A little true	Pretty much true	Very much true	Total
	At school, I do interesting activities	14%	30%	33%	23%	100%
8th	At school, I help decide things like class activities or rules	38%	34%	16%	12%	100%
	At school, I do things that make a difference	32%	32%	22%	14%	100%

SCHOOL CLIMATE/SCHOOL CONNECTEDNESS: How strongly do you agree or disagree with the following statements about your school:

		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	Total
	I feel close to people at this school	5%	5%	21%	46%	23%	100%
8th	I am happy to be at this school	10%	11%	29%	29%	21%	100%
OUI	I feel safe in my school	5%	6%	25%	45%	19%	100%
	The teachers at this school treat students fairly	10%	10%	20%	40%	21%	100%

During the past 30 days, how many days did you not go to school because you felt you would be unsafe:

	8th
0 days	88%
1 day	5%
2 or 3 days	5%
4 or 5 days	1%
6 or more days	1%
Total	100%

## SUBSTANCE USE EDUCATION IN SCHOOL: To what extent have you seen ads or participated in these activities in the past 12 months\*:

		Never	Rarely	Sometimes	Often	Total
	Played interactive games to learn about alcohol and other drugs	32%	26%	34%	8%	100%
	Saw posters or messages displayed at school encouraging students not to use alcohol or other drugs	18%	25%	30%	28%	100%
8th	Had films, lectures, discussions, or printed information about drugs or alcohol IN regular classes, such as health or physical education	13%	22%	36%	30%	100%
	Had films, lectures, discussions, or printed information about drugs or alcohol OUTSIDE OF regular classes, such as in a special assembly	36%	32%	21%	10%	100%

<sup>\*</sup>New question added in 2024

### (6) Mental, Social, and Physical Health

During the past 12 months did you ever:

	8t	th
	%	N
Feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities	38%	103

Is there an adult you know (other than your parent) you could talk to about important things in your life:

	No	Yes, one adult	Yes, more than one adult	Total
8th	10%	26%	64%	100%

BMI (Body Mass Index) Categories based on CDC guidelines:

	8th		
	%	N	
Underweight	3%	7	
Healthy weight	73%	174	
Overweight	16%	37	
Obese	8%	20	
Total	100%	238	

Body Mass Index categories as calculated by self-reported height and weight

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians:

	8th
0 days	6%
1 day	3%
2 days	5%
3 days	3%
4 days	8%
5 days	10%
6 days	10%
7 days	54%
Total	100%

During the past 7 days, how many times did you:

		0 times during the past 7 days	1 to 3 times during the past 7 days	4 to 6 times during the past 7 days	1 time per day	2 times per day	3 times per day	4 or more times per day	Total
Oth	Eat fruit	8%	23%	26%	9%	16%	7%	10%	100%
8th	Eat vegetables	13%	30%	20%	15%	11%	5%	6%	100%

During the past 30 days, how often did you go hungry because there was not enough food in your home:

	8th
Never	67%
Rarely	19%
Sometimes	11%
Most of the time	3%
Always	0%
Total	100%

SCREEN TIME: On an average school day, how many hours do you spend on NON-SCHOOL RELATED "screen time" (e.g., TV, videos, streaming, gaming (Xbox, PlayStation, or internet-based games), smart phone use, texting, social media, or the Internet):

	8th
No screen time on an average school day	3%
Less than 2 hours per day	13%
2-3 hours per day	29%
4-6 hours per day	39%
7 or more hours per day	16%
Total	100%

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day:

	8th
0 days	7%
1 day	4%
2 days	8%
3 days	8%
4 days	10%
5 days	19%
6 days	15%
7 days	29%
Total	100%