



ILLINOIS YOUTH SURVEY

2022 County Report

County Name: White

I ILLINOIS
CPRD | Center for Prevention
Research & Development
SCHOOL OF SOCIAL WORK



Data collected Spring 2022

Introduction

Based on the administration of the Illinois Youth Survey (2022), this report provides county-level data on a variety of health and social indicators including drug use, bullying, school climate, and much more. The data has been organized into topical sections as noted in the table of contents. In some cases, only a portion of schools in a county participate in the Illinois Youth Survey (IYS). County reports will only be generated when there are two or more eligible public schools from two or more districts participating at the 8th, 10th or 12th grade level. Eligible public schools are regular public schools, not specialized, that contain at least 10 students at the 8th, 10th or 12th grade level, and thus are part of the pool of schools from which the statewide sample is drawn. There will be NO DATA presented in this report for any grade level with data from only one district. This is to protect the confidentiality of district-level results.

There has been a change in the way that ISBE reports school enrollment data that affects the data we are able to provide in this report. We do not have enrollment data for non-participating schools in the county and thus cannot provide an estimate of overall county enrollment. The list of schools that contributed to the data in this report can be found following the table of contents.

In the table below, the number of eligible public schools (schools that contain at least 10 students at the 8th, 10th or 12th grade level) is compared with the actual number of IYS participating public schools in the county.

Public School Building IYS Participation by School Level

Middle Schools (8th grade)		High Schools (10th and/or 12th grades)	
N Schools Participating	N Schools Eligible	N Schools Participating	N Schools Eligible
1	3	2	3

The data presented in this report includes both public and private schools that participated in this county. If schools that serve youth in specialized settings like charter schools, alternative schools, etc. participated in the IYS, those students are also represented in the survey results in this report.

The IYS 8th grade form does not include all questions asked on the IYS high school form. For that reason, responses to some questions do not appear in the tables for some grade levels. If you would like to determine what section includes responses to a specific survey item or verify if a question was asked at a specific grade level, please refer to the Site Report Appendix on the IYS website at <http://iys.cprd.illinois.edu/results>.

When looking at percentages, keep in mind that 0% is a rounded number and may not mean "0" people affected.

Tables can be helpful when you are looking for a summary of responses for particular survey questions, for example, the percentage of 8th grade youth who report using prescription pain killers to get high. Some tables may contain a mean score (an average of all the responses), a median score (the middle point of all responses given) or an "N" (number of students who responded to that question). Tables can also be useful when you need specific data to support a grant or report. If you see an "**N/A**" (**Not Applicable**) noted in a table, this indicates that the question was **not asked at that grade level**. If you see an "**N/R**" (**Not Reported**) noted in a table, this indicates, unless otherwise specified, that at least 90% of students skipped the question for no known reason, making the results too biased to report. For tables that are "among users" only grade levels with "at least one user" will display; grade levels with "0" users will not show.

Summary charts were provided in previous years to help you compare your results to a random sample of students across the state of Illinois. Due to the COVID-19 pandemic and subsequent school closures, an IYS state sample is not available for 2020 and there are no summary charts included in this report. State level results from the 2022 IYS will be available in late fall, so you will be able to compare these results to the state estimate at that time. Until then, you can compare these results to a county with similar characteristics, or to the 2020 report for suburban Chicago counties, other urban/suburban counties, or rural counties (Chicago is not available). All of these reports are available on the IYS website. Summary charts will return in the next IYS administration year.

We are confident that you will find this report to be a valuable resource for planning, grant writing, program development and reporting. If you have any questions about this report, please call 888-333-5612 and ask for an IYS Coordinator or visit the IYS website at <http://iys.cprd.illinois.edu/>.

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List of Schools

Public or private schools that contributed to the data in this report:

ISBE ID	School Name
10320	Norris City-Omaha-Enfield H S
20289	Carmi-White County High School

(1) Student Characteristics

Age

10th		12th	
Avg	N	Avg	N
15.7	114	17.5	83

Gender

	10th		12th	
	%	N	%	N
Female	53%	60	43%	35
Male	43%	49	55%	45
Transgender	1%	1	1%	1
Do not identify as Female, Male or Transgender	4%	4	1%	1
Total	100%	114	100%	82

Which of the following best describes you*:

	10th		12th	
	%	N	%	N
Heterosexual (straight)	88%	100	79%	65
Gay or lesbian	0%	0	4%	3
Bisexual	4%	5	10%	8
I describe my sexual identity some other way	4%	5	1%	1
I am not sure about my sexual identity (questioning)	2%	2	0%	0
I do not know what this question is asking	1%	1	6%	5
Total	100%	113	100%	82

*New question added in 2022

Race

	10th		12th	
	%	N	%	N
White	91%	104	94%	77
Black/African American	1%	1	0%	0
Latino/Latina	2%	2	1%	1
Asian American	2%	2	0%	0
Native American/American Indian	0%	0	0%	0
Multi-racial	4%	4	2%	2
Other	1%	1	2%	2
Total	100%	114	100%	82

Who do you live with MOST OF THE TIME:

	10th		12th	
	%	N	%	N
Both parents	45%	51	41%	33
Parent and step parent	18%	21	22%	18
Mother only	15%	17	12%	10
Father only	4%	5	4%	3
Split time between parents	4%	5	5%	4
Legal guardian	2%	2	1%	1
Foster parent (including relatives if they are your foster parent)	1%	1	4%	3
Group home or residential care	1%	1	0%	0
Grandparents only	3%	3	4%	3
Living independently	3%	3	4%	3
Multiple living situations	4%	5	4%	3
Total	100%	114	100%	81

During the past 30 days, where did you usually sleep*:

	10th		12th	
	%	N	%	N
In my parent's or guardian's home	96%	110	98%	80
In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	1%	1	0%	0
In a shelter or emergency housing	0%	0	0%	0
In a motel or hotel	0%	0	0%	0
In a car, park, campground, or other public place	0%	0	0%	0
I do not have a usual place to sleep	1%	1	0%	0
Somewhere else	2%	2	2%	2
Total	100%	114	100%	82

*New question added in 2022

Zip code of student

	10th	12th
61825	1%	0%
62821	52%	66%
62827	5%	5%
62835	3%	6%
62861	0%	1%
62867	1%	0%
62869	18%	18%
62871	2%	1%
62887	1%	0%
Invalid or no response	18%	2%

At school, are you eligible to receive:

	10th		12th	
	%	N	%	N
Free lunch	64%	70	45%	36
Reduced price lunch	5%	6	7%	6
Neither	31%	34	47%	38
Total	100%	110	100%	80

(2) Drug Prevalence and Behaviors

2022 Substance Use Rates by Grade - Part 1 of 3

Substance Used	10th Grade	12th Grade
Used Past Year		
Any common substance (including alcohol, cigarettes, inhalants or marijuana)	40%	59%
Any common substances plus vaping (including alcohol, tobacco products, cigarettes, e-cigarettes or other vaping products, inhalants, or marijuana)	46%	61%
Alcohol	39%	54%
Cigarettes	8%	13%
E-cigarettes or other vaping products	34%	38%
Any Tobacco Product (including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or tobacco used in a hookah water pipe)	10%	15%
Inhalants	4%	1%
Marijuana	17%	30%
Synthetic marijuana	2%	2%
Alcohol and marijuana at the same time	15%	21%
Alcohol and energy drinks at the same time	11%	23%
Any Illicit Drugs (excluding marijuana)	6%	4%
Crack/Cocaine	4%	1%
Hallucinogens/LSD	4%	2%
Ecstasy/MDMA	2%	2%
Methamphetamine	2%	0%
Heroin	2%	0%
Any Prescription Drugs to get high	5%	1%
Prescription Painkillers	1%	0%
Other Prescription Drugs	5%	1%
Prescription pain medicine without prescription or differently than prescribed	3%	1%
Prescription drugs not prescribed to you	7%	1%
Over-the-Counter Drugs	0%	0%
# of Respondents	114	83

2022 Substance Use Rates by Grade - Part 2 of 3

Substance Used	10th Grade	12th Grade
Used Past 30 Days		
Alcohol	23%	38%
Any tobacco products OR e-cigarettes or other vaping products	28%	31%
Cigarettes	2%	9%
Smokeless tobacco	6%	9%
Smoked tobacco (other than cigarettes)	6%	7%
Hookah or water pipe	6%	2%
E-cigarettes or other vaping products	28%	25%
Marijuana	13%	18%
Prescription drugs not prescribed to you	3%	1%
# of Respondents	114	83

2022 Substance Use Rates by Grade - Part 3 of 3

Substance Used	10th Grade	12th Grade
Used Past 2 Weeks		
Binge Drinking	12%	20%
# of Respondents	114	83

How old were you when you first*:

		Never have	10 or younger	11	12	13	14	15	16	17	18 or older	Total
10th	Had more than a sip or two of alcohol	43%	11%	2%	5%	11%	12%	14%	4%	0%	0%	100%
	Began drinking alcohol regularly (at least once or twice a month)	78%	1%	0%	0%	5%	5%	9%	3%	0%	0%	100%
	Smoked a cigarette, even just a puff	72%	5%	4%	4%	1%	9%	5%	1%	0%	0%	100%
	Used an e-cigarette or other vaping product	51%	0%	3%	6%	11%	12%	14%	4%	0%	0%	100%
	Used marijuana	72%	2%	1%	4%	3%	7%	9%	2%	0%	0%	100%
12th	Had more than a sip or two of alcohol	32%	10%	1%	6%	9%	7%	5%	15%	12%	2%	100%
	Began drinking alcohol regularly (at least once or twice a month)	65%	0%	0%	2%	0%	2%	5%	12%	10%	2%	100%
	Smoked a cigarette, even just a puff	60%	10%	1%	6%	5%	4%	7%	2%	4%	0%	100%
	Used an e-cigarette or other vaping product	45%	0%	1%	4%	5%	12%	21%	12%	1%	0%	100%
	Used marijuana	56%	0%	1%	0%	3%	9%	8%	14%	8%	3%	100%

*In 2022, this question replaced the 'When, if ever, did you first' question that appeared in 2020

DRUG INITIATION AMONG THOSE WHO HAVE EVER USED EACH DRUG: Average (mean) age when first*:

	12th	
	Avg	N
Had more than a sip or two of alcohol	14.3	55
Began drinking alcohol regularly (at least once or twice a month)	15.9	28
Smoked a cigarette, even just a puff	13.1	32
Used an e-cigarette or other vaping product	14.6	43
Used marijuana	15.4	35

*Includes 12th grade only to provide a more accurate estimate of age at first use.

ALCOHOL: On how many occasions (if any) have you had alcohol:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	In the past 30 days	76%	17%	4%	2%	1%	0%	100%
	In the past year	61%	12%	11%	6%	6%	4%	100%
12th	In the past 30 days	63%	20%	11%	5%	0%	1%	100%
	In the past year	46%	11%	4%	15%	7%	17%	100%

ALCOHOL PLUS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	Used marijuana and alcohol at the same time	85%	9%	6%	0%	0%	0%	100%
	Used alcohol and energy drinks at the same time	89%	5%	4%	2%	0%	0%	100%
12th	Used marijuana and alcohol at the same time	78%	10%	4%	5%	2%	1%	100%
	Used alcohol and energy drinks at the same time	77%	13%	2%	0%	1%	6%	100%

BINGE DRINKING: Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row:

	10th	12th
None	87%	80%
Once	8%	10%
Twice	0%	5%
3-5 times	3%	5%
6-9 times	1%	1%
10 or more times	2%	0%
Total	100%	100%

CIGARETTES: How frequently have you smoked cigarettes:

		Not at all	Less than one cigarette per day	1-5 cigarettes per day	About one-half pack per day	About one pack per day	More than 1 pack per day	Total
10th	In the past 30 days	98%	0%	1%	0%	1%	0%	100%
	In the past year	92%	7%	1%	1%	0%	0%	100%
12th	In the past 30 days	90%	5%	4%	1%	0%	0%	100%
	In the past year	87%	4%	5%	4%	0%	0%	100%

E-CIGARETTES OR VAPING PRODUCTS: During the past 30 days, how frequently have you:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
10th	Used e-cigarettes or other vaping products	72%	6%	3%	6%	13%	100%
12th	Used e-cigarettes or other vaping products	72%	11%	5%	2%	10%	100%

E-CIGARETTES OR VAPING PRODUCTS: In the past year, on how many occasions (if any) have you:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	Used e-cigarettes or other vaping products	66%	5%	6%	5%	1%	18%	100%
12th	Used e-cigarettes or other vaping products	64%	6%	6%	2%	0%	21%	100%

TOBACCO PRODUCTS OTHER THAN CIGARETTES: During the past 30 days, how frequently have you used:

		Never	Once or twice	Once or twice per week	About once a day	More than once a day	Total
10th	Smokeless tobacco such as chewing tobacco, snuff, dip, or snus	94%	5%	0%	0%	1%	100%
	Smoked tobacco products other than cigarettes such as cigars, cigarillos, or little cigars	94%	4%	1%	2%	0%	100%
	Used a hookah or water pipe	94%	4%	2%	0%	0%	100%
12th	Smokeless tobacco such as chewing tobacco, snuff, dip, or snus	91%	6%	0%	1%	1%	100%
	Smoked tobacco products other than cigarettes such as cigars, cigarillos, or little cigars	93%	6%	0%	0%	1%	100%
	Used a hookah or water pipe	98%	1%	0%	0%	1%	100%

TOBACCO PRODUCTS: In the past year, on how many occasions (if any) have you: used any tobacco product including smokeless tobacco, tobacco smoked through cigarettes or cigars/cigarillos, or a hookah water pipe:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	In the past year	90%	5%	1%	1%	0%	4%	100%
12th	In the past year	85%	5%	2%	0%	0%	7%	100%

INHALANTS: On how many occasions (if any) have you sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	In the past year	96%	2%	0%	1%	0%	1%	100%
12th	In the past year	99%	1%	0%	0%	0%	0%	100%

MARIJUANA: On how many occasions (if any) have you used marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	In the past 30 days	87%	6%	4%	1%	0%	2%	100%
	In the past year	83%	4%	3%	5%	4%	3%	100%
12th	In the past 30 days	82%	7%	1%	0%	6%	4%	100%
	In the past year	70%	6%	10%	4%	2%	9%	100%

SYNTHETIC MARIJUANA, SPICE, OR FAKE WEED: On how many occasions (if any) have you used synthetic marijuana:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	In the past year	98%	1%	0%	0%	0%	1%	100%
12th	In the past year	98%	0%	0%	0%	0%	2%	100%

MARIJUANA METHOD OF USE: Among users in the past 30 days, how have you used marijuana*:

		10th Grade	12th Grade
Smoked it (in a joint, bong, pipe, blunt)		87%	60%
Vaporized it (e.g., vapor pen)		67%	67%
Ate it (in brownies, cakes, candy, etc.)		27%	53%
Dabbed it		33%	47%
# of Marijuana Users in the Past 30 days		15	15

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason, making the results too biased to report*

PRESCRIPTION DRUGS: Have you used prescription drugs not prescribed to you:

		Yes	No	Total
10th	In the past 30 days	4%	96%	100%
	In the past year	7%	93%	100%
12th	In the past 30 days	2%	98%	100%
	In the past year	1%	99%	100%

ILLICIT DRUGS: During the past 12 months, how often have you used:

		0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10-19 occasions	20 or more occasions	Total
10th	MDMA ("ecstasy")	98%	1%	0%	0%	1%	0%	100%
	LSD or other psychedelics	96%	2%	2%	0%	0%	0%	100%
	Cocaine or crack	96%	2%	0%	1%	0%	1%	100%
	Meth (methamphetamine)	98%	1%	0%	0%	0%	1%	100%
	Heroin	98%	1%	0%	0%	0%	1%	100%
12th	MDMA ("ecstasy")	98%	2%	0%	0%	0%	0%	100%
	LSD or other psychedelics	98%	2%	0%	0%	0%	0%	100%
	Cocaine or crack	99%	1%	0%	0%	0%	0%	100%
	Meth (methamphetamine)	100%	0%	0%	0%	0%	0%	100%
	Heroin	100%	0%	0%	0%	0%	0%	100%

PRESCRIPTION AND OVER THE COUNTER DRUGS: During the past 12 months, how often have you used:

		Never	1-2 times	3-5 times	6+ times	Total
10th	Prescription pain medicine without a prescription or differently than prescribed	97%	3%	0%	0%	100%
	Prescription painkillers to get high (e.g., OxyContin, Vicodin, Lortab, etc.)	99%	0%	1%	0%	100%
	Other prescription drugs to get high (e.g., Ritalin, Adderall, Xanax, etc.)	95%	2%	1%	2%	100%
	Something you bought in a store to get high (e.g., cough syrup, etc.)	100%	0%	0%	0%	100%
12th	Prescription pain medicine without a prescription or differently than prescribed	99%	1%	0%	0%	100%
	Prescription painkillers to get high (e.g., OxyContin, Vicodin, Lortab, etc.)	100%	0%	0%	0%	100%
	Other prescription drugs to get high (e.g., Ritalin, Adderall, Xanax, etc.)	99%	0%	0%	1%	100%
	Something you bought in a store to get high (e.g., cough syrup, etc.)	100%	0%	0%	0%	100%

ALCOHOL CONSEQUENCES: During the past 12 months, how often have you experienced the following while or after drinking alcohol:

		Never	1-2 times	3-5 times	6+ times	Total
10th	Performed poorly on a test or important project	99%	0%	1%	0%	100%
	Been in trouble with the police	100%	0%	0%	0%	100%
	Damaged property	99%	1%	0%	0%	100%
	Got into an argument or fight	92%	6%	2%	1%	100%
	Been hurt or injured	97%	3%	0%	0%	100%
	Been a victim of a violent crime	100%	0%	0%	0%	100%
	Been treated in a hospital Emergency Department	100%	0%	0%	0%	100%
	A friend said they were worried about your alcohol use	96%	3%	0%	1%	100%
12th	Performed poorly on a test or important project	97%	2%	0%	0%	100%
	Been in trouble with the police	99%	1%	0%	0%	100%
	Damaged property	97%	1%	1%	0%	100%
	Got into an argument or fight	86%	10%	3%	1%	100%
	Been hurt or injured	92%	6%	0%	1%	100%
	Been a victim of a violent crime	100%	0%	0%	0%	100%
	Been treated in a hospital Emergency Department	99%	1%	0%	0%	100%
	A friend said they were worried about your alcohol use	95%	4%	0%	1%	100%

SUBSTANCE USE CONSEQUENCES: During the past 12 months:

	10th	12th
Did you ever use alcohol or drugs to relax, feel better about yourself, or fit in	18%	28%
Did you ever use alcohol or drugs while you were by yourself, alone	16%	23%
Did you ever forget things you did while using alcohol or drugs	13%	22%
Did your family or friends ever tell you that you should cut down on your drinking or drug use	6%	9%
Have you gotten into trouble while you were using alcohol or drugs	6%	6%
Have you ever ridden in a car driven by someone (including yourself) who was "high" or had been using alcohol or drugs	20%	30%
Experienced 2 or more consequences (indicating the potential need for substance use disorder assessment according to the CRAFFT Screening Test)	21%	33%

DUI: During the past 12 months, how many times did you drive a car or other vehicle when:

		Never	1-2 times	3-5 times	6+ times	Total
10th	You had been drinking alcohol	92%	4%	1%	4%	100%
	You had been using marijuana	92%	5%	2%	2%	100%
12th	You had been drinking alcohol	85%	10%	1%	4%	100%
	You had been using marijuana	86%	4%	1%	9%	100%

WORRY ABOUT FRIEND: During the past 12 months:

	10th	12th
Did you worry about any of your friends' substance use (Only include concerns about alcohol and other drugs. Do not include tobacco, e-cigarettes, or other vaping products.)	31%	32%

RECOVERY FROM SUBSTANCE USE:

	10th	12th
Besides nicotine, used to have a problem with drugs or alcohol, but no longer do	6%	4%
Consider yourself to be in recovery	6%	4%

RECOVERY FROM SUBSTANCE USE: With which substance do you no longer have a problem (select all that apply)*:

	10th	12th
Does not apply	85%	83%
Alcohol	9%	7%
Marijuana	8%	6%
Opioids	4%	4%
Other Substance	6%	2%

*Percentages do not add up to 100% because this is a "select all that apply" question and not all participants responded consistently to questions U28 and U29.

(3) Drug Use Contributing Factors

PERSONAL DISAPPROVAL: How wrong do you think it is for someone your age to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
10th	Drink beer, wine or hard liquor (e.g., vodka, whiskey or gin) regularly	33%	32%	24%	12%	100%
	Smoke cigarettes	42%	36%	13%	9%	100%
	Use e-cigarettes or other vaping products	35%	28%	23%	14%	100%
	Use marijuana	39%	32%	14%	14%	100%
	Use prescription drugs not prescribed to them	67%	25%	4%	5%	100%
12th	Drink beer, wine or hard liquor (e.g., vodka, whiskey or gin) regularly	23%	25%	30%	22%	100%
	Smoke cigarettes	40%	27%	17%	16%	100%
	Use e-cigarettes or other vaping products	31%	19%	30%	21%	100%
	Use marijuana	35%	17%	25%	23%	100%
	Use prescription drugs not prescribed to them	70%	20%	6%	5%	100%

PERCEPTIONS OF PEER ALCOHOL USE: In the past 30 days, what percent of students at your school do you think have had beer, wine, or hard liquor:

	10th	12th
0% of students	6%	2%
1-10% of students	7%	7%
11-20% of students	5%	1%
21-30% of students	8%	11%
31-40% of students	6%	12%
41-50% of students	12%	14%
51-60% of students	12%	12%
61-70% of students	14%	11%
71-80% of students	13%	18%
81-90% of students	12%	11%
91-100% of students	3%	0%
Total	100%	100%

Each row indicates the percent of students who the students thought had beer, wine, or hard liquor in the past 30 days

Compared to:

	10th	12th
Actual past 30 day alcohol use reported	23%	38%

PERCEPTIONS OF PEER CIGARETTE USE: In the past 30 days, what percent of students at your school do you think have smoked cigarettes:

	10th	12th
0% of students	7%	2%
1-10% of students	12%	11%
11-20% of students	13%	24%
21-30% of students	13%	11%
31-40% of students	11%	15%
41-50% of students	9%	10%
51-60% of students	9%	7%
61-70% of students	8%	7%
71-80% of students	10%	9%
81-90% of students	7%	4%
91-100% of students	1%	0%
Total	100%	100%

Each row indicates the percent of students who the students thought had smoked cigarettes in the past 30 days

Compared to:

	10th	12th
Actual past 30 day cigarette use reported	2%	9%

PERCEPTIONS OF PEER MARIJUANA USE: In the past 30 days, what percent of students at your school do you think have used marijuana:

	10th	12th
0% of students	8%	0%
1-10% of students	9%	19%
11-20% of students	15%	14%
21-30% of students	17%	17%
31-40% of students	6%	10%
41-50% of students	15%	11%
51-60% of students	8%	10%
61-70% of students	6%	11%
71-80% of students	9%	4%
81-90% of students	3%	5%
91-100% of students	4%	0%
Total	100%	100%

Each row indicates the percent of students who the students thought had used marijuana in the past 30 days

Compared to:

	10th	12th
Actual past 30 day marijuana use reported	13%	18%

PERCEIVED RISK ASSOCIATED WITH USE: How much do you think people risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
10th	Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day	10%	24%	34%	32%	100%
	Have five or more drinks of an alcoholic beverage once or twice a week	9%	21%	31%	40%	100%
	Smoke one or more packs of cigarettes per day	5%	5%	30%	60%	100%
	Use e-cigarettes or other vaping products	6%	19%	46%	28%	100%
	Use marijuana once or twice a week	18%	28%	29%	25%	100%
	Use prescription drugs not prescribed to them	5%	2%	19%	74%	100%
12th	Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day	12%	22%	31%	35%	100%
	Have five or more drinks of an alcoholic beverage once or twice a week	9%	24%	28%	39%	100%
	Smoke one or more packs of cigarettes per day	4%	9%	23%	65%	100%
	Use e-cigarettes or other vaping products	7%	21%	35%	37%	100%
	Use marijuana once or twice a week	31%	28%	20%	21%	100%
	Use prescription drugs not prescribed to them	6%	6%	11%	77%	100%

PERCEIVED RISK ASSOCIATED WITH TEEN ALCOHOL USE: How much do you think people YOUR AGE risk harming themselves (physically or in other ways) if they:

		No risk	Slight risk	Moderate risk	Great risk	Total
10th	Use alcohol once or twice per month	10%	36%	38%	16%	100%
12th	Use alcohol once or twice per month	16%	35%	27%	23%	100%

PERCEIVED PEER NORMS: What are the chances you would be seen as cool if you:

		No or very little chance	Little chance	Some chance	Pretty good chance	Very good chance	Total
10th	Began drinking alcohol regularly, that is, at least once or twice a month	40%	19%	14%	16%	12%	100%
	Smoked cigarettes	49%	22%	19%	5%	6%	100%
	Used e-cigarettes or other vaping products	37%	16%	27%	10%	11%	100%
	Used marijuana	44%	17%	23%	5%	11%	100%
12th	Began drinking alcohol regularly, that is, at least once or twice a month	41%	19%	17%	11%	11%	100%
	Smoked cigarettes	52%	31%	11%	4%	1%	100%
	Used e-cigarettes or other vaping products	38%	23%	19%	11%	9%	100%
	Used marijuana	43%	20%	17%	10%	10%	100%

PERCEIVED PEER DISAPPROVAL OF USE: How wrong do your friends feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
10th	Have one or two drinks of an alcoholic beverage nearly every day	35%	27%	20%	18%	100%
	Smoke tobacco	43%	25%	17%	15%	100%
	Use e-cigarettes or other vaping products	29%	23%	16%	32%	100%
	Use marijuana	40%	19%	19%	23%	100%
	Use prescription drugs not prescribed to you	58%	28%	4%	10%	100%
12th	Have one or two drinks of an alcoholic beverage nearly every day	26%	25%	24%	25%	100%
	Smoke tobacco	21%	26%	27%	25%	100%
	Use e-cigarettes or other vaping products	17%	16%	25%	41%	100%
	Use marijuana	20%	21%	24%	35%	100%
	Use prescription drugs not prescribed to you	62%	26%	7%	4%	100%

PERCEIVED PARENT DISAPPROVAL OF USE: How wrong do your parents feel it would be for you to:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
10th	Drink beer, wine, or hard liquor (e.g., vodka, whiskey, or gin) regularly (at least once or twice a month)	61%	17%	13%	9%	100%
	Have one or two drinks of an alcoholic beverage nearly every day	77%	14%	8%	1%	100%
	Smoke tobacco	82%	14%	1%	3%	100%
	Use e-cigarettes or other vaping products	76%	14%	5%	4%	100%
	Use marijuana	76%	13%	7%	4%	100%
	Use prescription drugs not prescribed to you	89%	8%	1%	2%	100%
12th	Drink beer, wine, or hard liquor (e.g., vodka, whiskey, or gin) regularly (at least once or twice a month)	51%	22%	19%	9%	100%
	Have one or two drinks of an alcoholic beverage nearly every day	65%	20%	10%	5%	100%
	Smoke tobacco	68%	19%	9%	5%	100%
	Use e-cigarettes or other vaping products	67%	20%	10%	4%	100%
	Use marijuana	67%	10%	9%	14%	100%
	Use prescription drugs not prescribed to you	85%	10%	2%	2%	100%

PARENT COMMUNICATION ABOUT DRUGS: In the past year, have your parents/guardians talked to you about:

		Yes	No	Don't remember	Total
10th	Not using alcohol	46%	45%	9%	100%
	Not using tobacco	40%	51%	9%	100%
	Not using marijuana	39%	49%	12%	100%
	Not using opioids for non-medical reasons	24%	62%	14%	100%
12th	Not using alcohol	42%	51%	6%	100%
	Not using tobacco	42%	49%	9%	100%
	Not using marijuana	39%	53%	8%	100%
	Not using opioids for non-medical reasons	29%	63%	8%	100%

In the past year, have your parents/guardians talked with you about not drinking and driving or riding with a drunk driver:

	10th	12th
Yes	74%	72%
No	26%	28%
Total	100%	100%

PARENT ALCOHOL MONITORING: Would you be caught by your parents if:

		Never	Sometimes	Most of the time	Always	Total
10th	You drank some beer, wine or liquor (e.g., vodka, whiskey, or gin) without your parents' permission	38%	22%	18%	23%	100%
	You go to a party where alcohol is served	41%	20%	18%	20%	100%
	You drank and drove	27%	18%	12%	43%	100%
	You rode in a car driven by a teen driver who had been drinking	34%	30%	12%	24%	100%
12th	You drank some beer, wine or liquor (e.g., vodka, whiskey, or gin) without your parents' permission	42%	29%	4%	24%	100%
	You go to a party where alcohol is served	49%	20%	9%	22%	100%
	You drank and drove	38%	13%	14%	35%	100%
	You rode in a car driven by a teen driver who had been drinking	42%	23%	13%	22%	100%

PARENT OVERALL MONITORING:

		Never	Sometimes	Most of the time	Always	Total
10th	When I am not at home, one of my parents/guardians knows where I am and who I am with	16%	14%	17%	53%	100%
	My parents/guardians ask if I've gotten my homework done	21%	25%	14%	40%	100%
	Would your parents/guardians know if you did not come home on time	14%	11%	17%	59%	100%
12th	When I am not at home, one of my parents/guardians knows where I am and who I am with	11%	10%	27%	51%	100%
	My parents/guardians ask if I've gotten my homework done	26%	20%	15%	39%	100%
	Would your parents/guardians know if you did not come home on time	10%	17%	17%	56%	100%

My family has clear rules about alcohol and drug use:

	10th	12th
Yes	79%	76%
No	21%	24%
Total	100%	100%

PERCEIVED ACCESS: If you wanted to get the following, how easy would it be for you to get some:

		Very hard	Sort of hard	Sort of easy	Very easy	Total
10th	Beer, wine, or hard liquor (e.g., vodka, whiskey, or gin)	26%	31%	27%	16%	100%
	Cigarettes	38%	29%	18%	15%	100%
	E-cigarettes or other vaping products	32%	19%	27%	22%	100%
	Marijuana	48%	16%	21%	15%	100%
	Prescription drugs not prescribed to you	61%	17%	10%	12%	100%
	Opioid medications from your home	73%	12%	6%	8%	100%
12th	Beer, wine, or hard liquor (e.g., vodka, whiskey, or gin)	22%	20%	27%	31%	100%
	Cigarettes	28%	19%	25%	28%	100%
	E-cigarettes or other vaping products	25%	14%	21%	40%	100%
	Marijuana	30%	19%	23%	28%	100%
	Prescription drugs not prescribed to you	47%	35%	11%	7%	100%
	Opioid medications from your home	72%	17%	5%	6%	100%

PERCEIVED ADULT DISAPPROVAL: How wrong would most adults (over 21) in your community think it is for kids your age:

		Very wrong	Wrong	A little bit wrong	Not wrong at all	Total
10th	To drink alcohol	28%	31%	33%	8%	100%
	To smoke cigarettes	41%	38%	14%	6%	100%
	To use e-cigarettes or other vaping products	28%	37%	29%	6%	100%
	To use marijuana	41%	33%	17%	9%	100%
12th	To drink alcohol	21%	30%	40%	9%	100%
	To smoke cigarettes	44%	37%	16%	4%	100%
	To use e-cigarettes or other vaping products	26%	39%	32%	4%	100%
	To use marijuana	38%	37%	17%	9%	100%

TOBACCO PRODUCTS SUPPLY SOURCE ONLY AMONG TOBACCO USERS: During the past year, did you get any tobacco products from the following sources*:

	10th Grade	12th Grade
Retail Purchase		
I bought them at a gas station or store or mall	0%	25%
Online Access		
Bought online	0%	0%
Parent Supply		
My parents WITH their permission	9%	17%
Social Access		
A friend gave them to me	64%	50%
My older brother or sister gave them to me	0%	8%
Accessed Without Permission		
My parents WITHOUT their permission	18%	17%
# of Tobacco Users in the Past Year	11	12

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason, making the results too biased to report*

E-CIGARETTES OR OTHER VAPING PRODUCTS SUPPLY SOURCE ONLY AMONG E-CIGARETTES OR OTHER VAPING PRODUCTS USERS: During the past year, did you get any e-cigarettes or other vaping products from the following sources*:

	10th Grade	12th Grade
Retail Purchase		
I bought them at a gas station or store or mall	17%	21%
Online Access		
Bought online	6%	4%
Parent Supply		
My parents WITH their permission	11%	7%
Social Access		
A friend gave them to me	61%	83%
My older brother or sister gave them to me	23%	21%
Accessed Without Permission		
My parents WITHOUT their permission	17%	7%
# of E-Cigarette or Vaping Users in the Past Year	36	29

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason*, making the results too biased to report

ALCOHOL SUPPLY SOURCE ONLY AMONG ALCOHOL USERS: During the past year, did you usually get your own beer, wine or liquor from the following sources*:

	10th Grade	12th Grade
Retail Purchase		
Any Retail Source**	9%	20%
I bought it at a bar or restaurant	2%	11%
I bought it at a gas station or store	9%	18%
Curbside/Home delivery***	2%	7%
Parent Supply		
My parents WITH their permission	35%	39%
Social Access		
Any Social Source (excluding parents)	65%	77%
A friend gave it to me	42%	68%
I got it at a party	33%	50%
I gave a stranger money to buy it for me	9%	25%
My older brother or sister gave it to me	21%	18%
An adult (other than my parents) WITH that adult's permission	28%	43%
Accessed Without Permission		
Stole or Took Without Permission	28%	30%
My parents WITHOUT their permission	23%	27%
An adult (other than my parents) WITHOUT that adult's permission	14%	16%
# of Alcohol Users in the Past Year	43	44

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason*, making the results too biased to report.

**The list of retail sources includes a new option added in 2022. Calculated variable not comparable to prior years.

***New question added in 2022

MARIJUANA SUPPLY SOURCE ONLY AMONG MARIJUANA USERS:** In the past year, did you get your own marijuana from any of the following sources*:

	10th Grade	12th Grade
I bought it from someone who sells drugs	33%	44%
I gave a stranger money to buy it at a marijuana dispensary***	0%	8%
Someone gave it to me	84%	80%
A friend gave it to me	74%	76%
My parents WITH their permission	0%	20%
My older brother or sister gave it to me	33%	16%
An adult (other than my parents) WITH that adult's permission	37%	21%
My parents WITHOUT their permission	11%	8%
Someone else's medical marijuana prescription	11%	12%
My own medical marijuana prescription	0%	0%
# of Marijuana Users in the Past Year	19	25

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason*, making the results too biased to report.

**The list of supply sources is slightly different from prior years.

***New question added in 2022

PRESCRIPTION DRUG SOURCE TYPE ONLY AMONG PRESCRIPTION DRUG USERS: In the past year, did you get prescription drugs not prescribed to you from any of the following sources*:

	10th Grade	12th Grade
I bought them from someone (friend, relative, stranger, etc.)	0%	100%
Someone gave them to me	71%	100%
My parents gave them to me	50%	0%
Someone other than my parents gave them to me (friend, relative, friends' parent, etc.)	29%	100%
I took them from somewhere	17%	0%
I took them from home without the knowledge of my parents/guardians	17%	0%
I took them from someone else's home	0%	0%
# of Prescription Drug Users in the Past Year	7	1

*If you see an **N/R (Not Reported)** noted in this table, it means that *at least 50% of students skipped the question for no known reason*, making the results too biased to report

(4) Interpersonal Conflict, Violence, and Delinquency

DELINQUENCY: How many times in the past year (12 months) have you:

		Never	1-2 times	3-5 times	6+ times	Total
10th	Been in a physical fight	82%	13%	4%	1%	100%
	Carried a weapon such as a handgun, knife, or club	80%	7%	2%	11%	100%
	Sold illegal drugs	98%	1%	0%	1%	100%
	Been drunk or high at school	89%	6%	2%	4%	100%
12th	Been in a physical fight	80%	14%	2%	4%	100%
	Carried a weapon such as a handgun, knife, or club	83%	0%	2%	15%	100%
	Sold illegal drugs	94%	3%	0%	4%	100%
	Been drunk or high at school	91%	4%	1%	4%	100%

BULLYING EXPERIENCES: During the past 12 months, has another student at school:

	10th	12th
Bullied you by calling you names	21%	21%
Threatened to hurt you	14%	16%
Bullied you by hitting, punching, kicking, or pushing you	9%	4%
Bullied, harassed, or spread rumors about you on the Internet, social media, or through text messages	24%	27%
Ever bullied (reported at least 1 type of bullying)	33%	36%
Intensely bullied (reported all types of bullying)	4%	2%

BIAS-BASED BULLYING: In the past 12 months at school, how often have you been bullied, harassed, or made fun of because of:

		Never	1-2 times	3-5 times	6+ times	Total
10th	What someone assumed about your religion, sexual orientation, or race/ethnicity	82%	5%	7%	6%	100%
	Your appearance or a disability	76%	9%	6%	9%	100%
12th	What someone assumed about your religion, sexual orientation, or race/ethnicity	85%	4%	4%	7%	100%
	Your appearance or a disability	80%	5%	7%	7%	100%

DATING VIOLENCE: During the past 12 months, have any of the following been done by someone in a dating relationship with you:

		I have not begun to date	Yes	No	Not sure	Total
10th	Slapped, kicked, punched, hit, or threatened you	11%	10%	72%	7%	100%
	Put you down or tried to control you	9%	18%	66%	7%	100%
12th	Slapped, kicked, punched, hit, or threatened you	9%	12%	75%	4%	100%
	Put you down or tried to control you	9%	28%	60%	2%	100%

GAMBLING: During the past 12 months, how often have you bet/gambled for money in the following ways:

		Never	Less than once a month	1-3 times per month	Once a week or more	Total
10th	At a gambling machine in a bar, restaurant, gas station, or gambling establishment	98%	1%	0%	1%	100%
	Online (internet) gambling	97%	1%	0%	2%	100%
12th	At a gambling machine in a bar, restaurant, gas station, or gambling establishment	92%	4%	1%	2%	100%
	Online (internet) gambling	94%	1%	1%	4%	100%

GAMBLING: Calculated variable based on gambling options in the past 12 months (at a gambling machine, or online gambling):

		No gambling (machine, online)	At least one way (machine, online)	Both ways (machine, online)	Total
10th	Ways of gambling in the past 12 months (gambling machines, online)	96%	3%	1%	100%
12th	Ways of gambling in the past 12 months (gambling machines, online)	89%	9%	2%	100%

GAMBLING: In the past 12 months, have you ever:

		Yes	No	Total
10th	Felt bad about the amount of money you bet, or about what happens when you bet money	1%	99%	100%
	Gambled more than you had planned to	1%	99%	100%
12th	Felt bad about the amount of money you bet, or about what happens when you bet money	4%	96%	100%
	Gambled more than you had planned to	4%	96%	100%

GAMBLING: Calculated variable based on unwanted gambling experiences in the past 12 months (feeling bad about the money bet, or gambled more than planned):

		Experienced none (felt bad, gambled more)	Experienced at least one (felt bad or gambled more)	Experienced both (felt bad and gambled more)	Total
10th	Unwanted gambling experiences in the past 12 months (feeling bad, gambling more)	98%	2%	0%	100%
12th	Unwanted gambling experiences in the past 12 months (feeling bad, gambling more)	94%	5%	1%	100%

(5) Academic and School Experiences

SCHOOL ABSENCES: About how many days are you absent from school during an entire year:

	10th	12th
0-9 days	58%	47%
10-19 days	28%	25%
20-30 days	10%	19%
More than 30 days	5%	9%
Total	100%	100%

ACTIVITIES AND OPPORTUNITIES: In which of the following activities do you participate:

	10th		12th	
	%	N	%	N
School sports team	50%	55	47%	36
Other sports	36%	38	27%	20
School clubs	60%	65	71%	57
Service clubs or volunteer projects (e.g., Scouting, 4H)	22%	22	34%	25
Other activity clubs (e.g., Boys & Girls, YMCA, etc.)	11%	11	18%	13
Church youth group or other faith-based youth group	37%	38	31%	23

ACTIVITIES AND OPPORTUNITIES: Participation in activities:

	10th	12th
0 activities	20%	23%
1 activity	25%	23%
2 or more activities	55%	54%
Total	100%	100%

ACTIVITIES AND OPPORTUNITIES: On the average over the school year, how many hours per week do you work in a paid or unpaid job:

	10th	12th
None	51%	37%
5 or less hours	13%	5%
6 to 10 hours	12%	12%
11 to 15 hours	10%	12%
16 to 20 hours	5%	10%
21 to 25 hours	4%	7%
26 to 30 hours	1%	6%
More than 30 hours	4%	11%
Total	100%	100%

ACTIVITIES AND OPPORTUNITIES: Participation in activities and/or work:

	10th	12th
No activities and no work	13%	13%
No activities but work	8%	10%
At least one activity but no work	39%	23%
At least one activity and work	41%	54%
Total	100%	100%

ACADEMIC ACHIEVEMENT: Putting them all together, what were your grades like for the last year:

	10th	12th
Mostly A	25%	19%
Mostly A and B	41%	44%
Mostly B	4%	4%
Mostly B and C	14%	19%
Mostly C	3%	1%
Mostly C and D	8%	8%
Mostly D	5%	3%
Mostly F	1%	3%
Total	100%	100%

ACADEMIC EXPECTATIONS: How likely is it that you will complete a post high school program such as vocational training program, military service, community college, or 4-year college:

	10th	12th
Definitely will not	6%	8%
Probably will not	10%	8%
Probably will	33%	19%
Definitely will	33%	55%
Not sure	18%	10%
Total	100%	100%

SCHOOL CLIMATE/CARING ADULTS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
10th	Who really cares about me	10%	25%	29%	36%	100%
	Who notices when I'm not there	12%	25%	31%	33%	100%
	Who listens to me when I have something to say	10%	24%	29%	37%	100%
	Who notices if I have trouble learning something	19%	29%	23%	28%	100%
12th	Who really cares about me	4%	14%	27%	55%	100%
	Who notices when I'm not there	6%	16%	29%	49%	100%
	Who listens to me when I have something to say	6%	22%	22%	51%	100%
	Who notices if I have trouble learning something	14%	20%	24%	42%	100%

SCHOOL CLIMATE/HIGH EXPECTATIONS: At my school, there is a teacher or some other adult:

		Not at all true	A little true	Pretty much true	Very much true	Total
10th	Who tells me when I do a good job	15%	30%	24%	31%	100%
	Who always wants me to do my best	10%	17%	26%	48%	100%
	Who believes I will be a success	13%	22%	26%	38%	100%
	Who encourages me to work hard in school	9%	21%	27%	43%	100%
12th	Who tells me when I do a good job	8%	23%	22%	48%	100%
	Who always wants me to do my best	6%	18%	23%	53%	100%
	Who believes I will be a success	5%	16%	25%	54%	100%
	Who encourages me to work hard in school	4%	20%	21%	55%	100%

SCHOOL CLIMATE/MEANINGFUL PARTICIPATION: How true are the following statements:

		Not at all true	A little true	Pretty much true	Very much true	Total
10th	At school, I do interesting activities	29%	34%	23%	14%	100%
	At school, I help decide things like class activities or rules	49%	29%	12%	10%	100%
	At school, I do things that make a difference	47%	32%	10%	10%	100%
12th	At school, I do interesting activities	29%	25%	22%	24%	100%
	At school, I help decide things like class activities or rules	42%	26%	11%	20%	100%
	At school, I do things that make a difference	35%	30%	14%	21%	100%

SCHOOL CLIMATE/SCHOOL CONNECTEDNESS: How strongly do you agree or disagree with the following statements about your school:

		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	Total
10th	I feel close to people at this school	18%	6%	27%	32%	17%	100%
	I am happy to be at this school	24%	10%	30%	24%	12%	100%
	I feel safe in my school	9%	8%	30%	35%	17%	100%
	The teachers at this school treat students fairly	15%	18%	33%	24%	10%	100%
12th	I feel close to people at this school	17%	10%	17%	34%	21%	100%
	I am happy to be at this school	24%	9%	21%	26%	20%	100%
	I feel safe in my school	6%	6%	17%	41%	29%	100%
	The teachers at this school treat students fairly	10%	16%	26%	30%	17%	100%

During the past 30 days, how many days did you not go to school because you felt you would be unsafe:

	10th	12th
0 days	84%	84%
1 day	7%	5%
2 or 3 days	4%	6%
4 or 5 days	1%	0%
6 or more days	5%	5%
Total	100%	100%

(6) Mental, Social, and Physical Health

During the past 12 months did you ever:

	10th		12th	
	%	N	%	N
Seriously consider attempting suicide	25%	26	15%	12
Feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities	46%	52	44%	36

Is there an adult you know (other than your parent) you could talk to about important things in your life:

	No	Yes, one adult	Yes, more than one adult	Total
10th	13%	20%	67%	100%
12th	11%	14%	75%	100%

BMI (Body Mass Index) Categories based on CDC guidelines:

	10th		12th	
	%	N	%	N
Underweight	3%	3	6%	4
Healthy weight	59%	51	53%	33
Overweight	19%	16	24%	15
Obese	19%	16	16%	10
Total	100%	86	100%	62

Body Mass Index categories as calculated by self-reported height and weight

During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians:

	10th	12th
0 days	10%	17%
1 day	4%	6%
2 days	8%	11%
3 days	13%	10%
4 days	6%	15%
5 days	13%	11%
6 days	6%	6%
7 days	40%	23%
Total	100%	100%

During the past 7 days, how many times did you:

		0 times during the past 7 days	1 to 3 times during the past 7 days	4 to 6 times during the past 7 days	1 time per day	2 times per day	3 times per day	4 or more times per day	Total
10th	Eat fruit	11%	35%	23%	18%	8%	2%	3%	100%
	Eat vegetables	12%	23%	28%	22%	8%	3%	5%	100%
12th	Eat fruit	15%	42%	16%	9%	11%	2%	5%	100%
	Eat vegetables	15%	30%	24%	12%	10%	2%	6%	100%

During the past 30 days, how often did you go hungry because there was not enough food in your home:

	10th	12th
Never	78%	80%
Rarely	14%	10%
Sometimes	6%	6%
Most of the time	2%	1%
Always	0%	2%
Total	100%	100%

SCREEN TIME: On an average school day, how many hours do you spend on NON-SCHOOL RELATED "screen time" (e.g., TV, videos, streaming, gaming (Xbox, PlayStation, or internet-based games), smart phone use, texting, social media, or the Internet):

	10th	12th
No screen time on an average school day	4%	0%
Less than 2 hours per day	13%	17%
2-3 hours per day	23%	30%
4-6 hours per day	41%	25%
7 or more hours per day	21%	27%
Total	100%	100%

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day:

	10th	12th
0 days	8%	10%
1 day	4%	3%
2 days	8%	5%
3 days	12%	9%
4 days	4%	8%
5 days	18%	13%
6 days	8%	13%
7 days	38%	41%
Total	100%	100%