You are being asked to participate in the Illinois Youth Survey, a study of middle and high school students conducted in Illinois every two years. The questions ask you about a number of different things, including health and social indicators such as substance use and perceptions, bullying, violence, and other information about your school and your family. This is a way for state and community leaders to learn about what young people are concerned about and how each of the topics affects them.

If this study is to be helpful, it is important that you answer each question as thoughtfully and honestly as possible. Your answers will be kept strictly confidential, which means that no one will know how you answered the questions, and no one at school will see your answers.

Your participation is completely voluntary. If you choose to begin the survey, you don't have to answer any questions you don't want to, and you can stop the survey at any time. It will take 40-45 minutes to complete.

Other students have said that the survey is interesting and they enjoy filling it out. We hope you will, too. Please be patient if some questions don't apply to you: we need to ask everyone the same questions. Be sure to read the instructions below before you begin to answer. Thank you very much for being an important part of this project.

2022 ILLINOIS YOUTH SURVEY 8TH GRADE FORM

INSTRUCTIONS

- 1. This is not a test, so there are no right or wrong answers. We would like you to work fairly quickly, so you can finish.
- 2. Answer each question by marking one of the answer spaces. If you don't find an answer that fits exactly, use the one that comes closest. If a question does not apply to you, or you are not sure what it means, just leave it blank.
- 3. Your answers will be read automatically by a machine called an optical mark reader. Please follow these instructions carefully:
 - Use only the black lead pencil you have been given.
 - Make heavy black marks inside the circles.
 - Erase evenly any answer you wish to change.
 - Make no other markings or comments on the answer pages.
- This kind of mark will work: Correct Mark: These kinds of marks will NOT work: Incorrect Marks: X X • • • • •
- 4. Do not write your name anywhere on the survey.
- 5. Respect the privacy of others by looking only at your own survey.

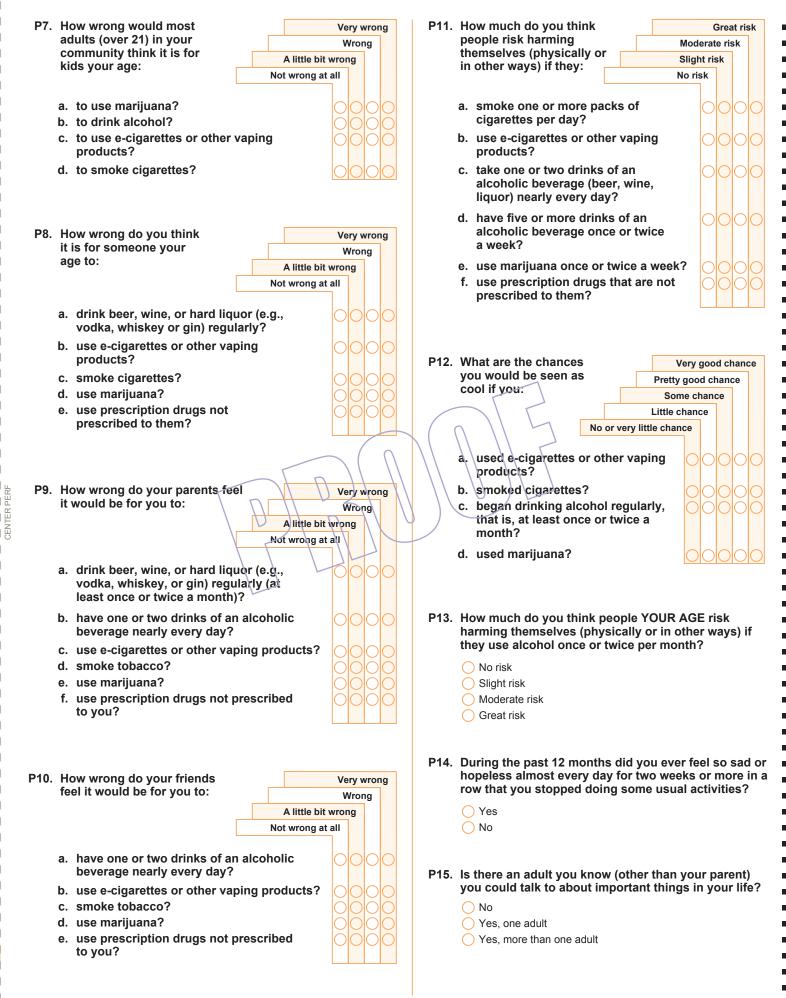


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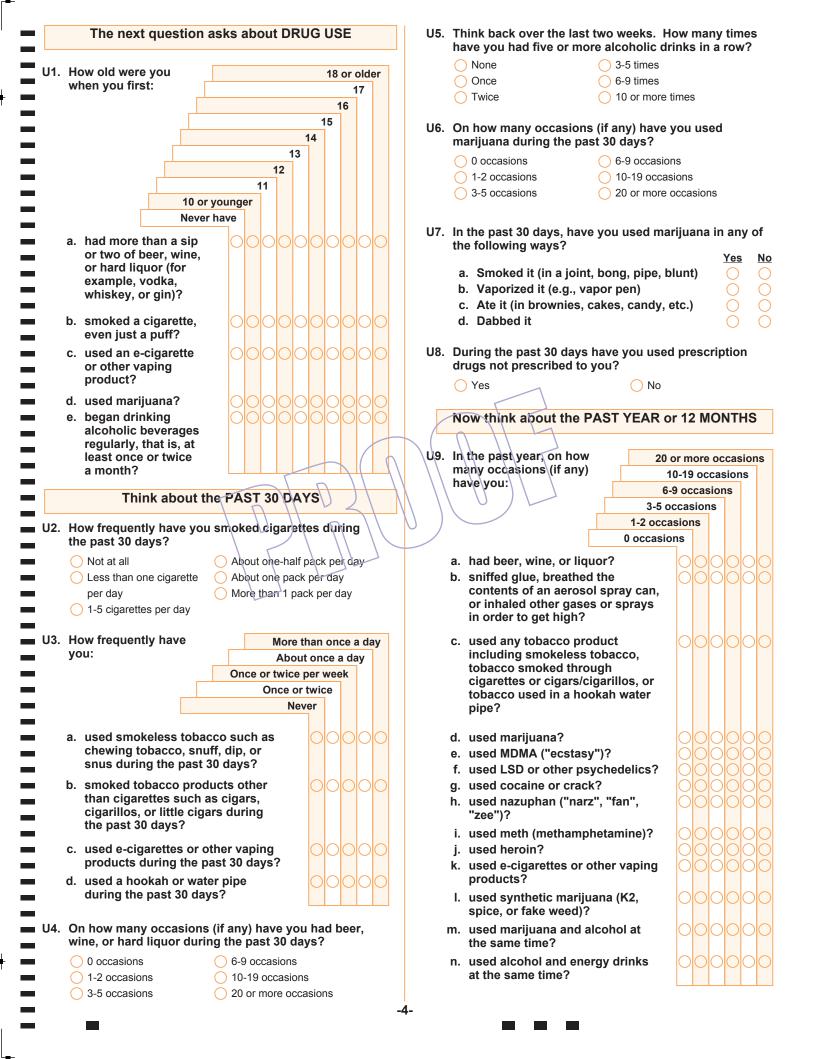


_				
	How old are you?	٩٩	At school, are you eligi	ble to receive: (select one)
		00.	Free lunch	
	9 10 11 12 13 14 or older		$\mathbf{\circ}$	
— D2	What words are you in?		Reduced price lunch	
D 2.	What grade are you in?		O Neither	
	6th 7th 8th	D 40	A la	
		D10		are you absent from school
D 3.	Are you:		during an entire year?	-
	○ Female		◯ 0-9 days	─ 20-30 days
	○ Male		🔵 10-19 days	More than 30 days
	O not identify as Female, Male or Transgender	-	be following question	
			ne ronowing question	s ask about your ACTIVITIES
D 4.	Which of the following best describes you?			
	Heterosexual (straight)	A1.	In which of the followin	g activities do you participate?
	Gay or lesbian		<u>Yes</u> <u>No</u>	
	Bisexual		 School sports 	team
	I describe my sexual identity some other way		Other sports	
	I am not sure about my sexual identity (questioning)		School clubs	
	I do not know what this question is asking			or volunteer projects (e.g., Scouting, 4H)
	- · · · ·			clubs (e.g., Boys & Girls, YMCA, etc.)
D5.	What is your race?			er faith-based youth group
	White			,
	Black/African American			
	Latino/Latina			ons ask about what you
	Asian American			or FEEL
	Native American/American Indian	$\left\{ + \right\}$		
	Multi-racial	P1.	If you wanted to get be	er, wine, or hard liquor (e.g.,
	Other	- / / -		how easy would it be for you
			to get some?	
D6.	Who do you live with MOST OF THE TIME? (select one)			Cart of apour
D0.))	Very hard	Sort of easy
	Both parents		Sort of hard	Very easy
	Parent and step parent		If you wanted to get a g	incrattee or other vening
	Mother only	F2.		igarettes or other vaping uld it be for you to get some?
	Father only			
	Split time between parents		Very hard	Sort of easy
	Legal guardian		Sort of hard	Very easy
	Foster parent (including relatives if they are your foster parent)	Da	If	
	Group home or residential care	P3.	for you to get some?	arettes, how easy would it be
	Grandparents only			
_			Very hard	Sort of easy
D7 .	During the past 30 days, where did you usually sleep?		Sort of hard	Very easy
	In my parent's or guardian's home	_		
	In the home of a friend, family member, or other person	P4.		rijuana, how easy would it be
	because I had to leave my home or my parent or guardian		for you to get some?	
	cannot afford housing		Very hard	Sort of easy
	In a shelter or emergency housing		Sort of hard	Very easy
	O In a motel or hotel			
	O In a car, park, campground, or other public place	P5.		escription drugs not prescribed
	I do not have a usual place to sleep		to you, how easy would	l it be for you to get some?
	O Somewhere else		Very hard	Sort of easy
			Sort of hard	Very easy
D8.	What is your zip code?		Ŭ	
	60123450789	P6.		ioid medications from your
	0 1 2 3 4 5 6 7 8 9			it be for you to get some?
	0 1 2 3 4 5 6 7 8 9			done, opium, morphine, contin, codeine, Demerol,
				one (Lortab, Lorcet, Norco),
				Percocet, Tylox, Percodan,
_			Ultram, and tramadol.	· · · · · · · · · · · · · · · · · · ·
			Very hard	Sort of easy
			Sort of hard	Very easy
_				

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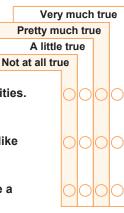


U10. During the past year have you used prescript drugs NOT PRESCRIBED TO YOU?		U16. In the past year, did you get your own marijuana from any of the following sources?					
Yes No		Yes No					
		a. A friend gave it to me					
U11. During the past 12 months, 6 or 1	more times	b. My parents WITH their permission					
how often have you used		c. My parents WITHOUT their permission					
	-5 times						
-	imes	d. My older brother or sister gave it to me					
Neve	er	e. I bought it from someone who sells drugs					
a. prescription pain medicine without a	0000	f. An adult (other than my parents) WITH O					
doctor's prescription or differently than how a doctor told you to use it? (Count drugs such as codeine/"lean", Vicodin,		g. Someone else's medical marijuana O O Prescription					
OxyContin, hydrocodone, and Percocet.)		h. My own medical marijuana prescription O = i. I gave a stranger money to buy it at a O = =					
 b. something you bought in a store to get high? (e.g., cough syrup, etc.) 	0000	marijuana dispensary					
 c. prescription painkillers to get high? (e.g., OxyContin, Vicodin, Lortab, etc.) 	0000	U17. During the past year, how often did you Often usually get your own beer, wine, or Sometimes					
 other prescription drugs to get high? (e.g., Ritalin, Adderall, Xanax, etc.) 	0000	liquor from the following sources?					
U12. In the past year, did you get prescription drug	as	a. I bought it at a gas station or store					
NOT PRESCRIBED TO YOU from any of the		c. I gave a stranger money to buy it for me					
following sources?							
•	Yes No						
 a. I bought them from someone (friend, relative, stranger, etc.) 	0 0	e. My older brother or sister gave it to me					
		f. My parents WiTH their permission					
 b. I took them from home without the knowledge of my parents/guardians 		g. My parents WITHOUT their permission					
c. I took them from someone else's home	\mathcal{A}	WITH that adult's permission					
d. My parents gave them to me	M AI	i. An adult (other than my parents)					
e. Someone other than my parents gave then	$n \ll 100$	WITHOUT that adult's permission					
to me (friend, relative, friends' parent, etc.)	∇	j. I got it at a party					
U13. How frequently have you smoked cigarettes of	during	k. Curbside/Home delivery					
The past year?		Next, a few questions about your					
		EXPERIENCES WITH FAMILY					
Less than one cigarette per day							
 Less than one cigarette per day 1 to 5 cigarettes per day 							
 Less than one cigarette per day 1 to 5 cigarettes per day About one-half pack per day 		H1. In the past year have your parents/guardians talked					
 Less than one cigarette per day 1 to 5 cigarettes per day 							
 Less than one cigarette per day 1 to 5 cigarettes per day About one-half pack per day 		H1. In the past year have your parents/guardians talked					
 Less than one cigarette per day 1 to 5 cigarettes per day About one-half pack per day About one pack per day 		H1. In the past year have your parents/guardians talked to you about not using the following:					
 Less than one cigarette per day 1 to 5 cigarettes per day About one-half pack per day About one pack per day More than 1 pack per day U14. During the past year, did you get any tobaccor products from the following sources? a. I bought them at a gas station, store, or male 	Yes <u>No</u> II O O	 H1. In the past year have your parents/guardians talked to you about not using the following: a. Tobacco Yes No Don't remember 					
 Less than one cigarette per day 1 to 5 cigarettes per day About one-half pack per day About one pack per day More than 1 pack per day U14. During the past year, did you get any tobaccor products from the following sources? a. I bought them at a gas station, store, or male b. A friend gave them to me 	YesNoIIOOO	 H1. In the past year have your parents/guardians talked to you about not using the following: a. Tobacco Yes No Don't remember b. Alcohol Yes No Don't remember c. Marijuana Yes No Don't remember 					
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	H4.	Think of those days that you are home after without an adult being there. How many ho do you usually take care of yourself after so	urs a day		V4.	During the past 30 days, how mar go to school because you felt you 0 days	
		O Does not apply to me				1 day	
		C Less than one per day				2 or 3 days	
		1-2 hours				◯ 4 or 5 days	
		3-5 hours				6 or more days	
		5+ hours					
					V5.	In the past 12 months, have you b	een slapped, kicked,
			Alwa	iys		punched, hit, or threatened in a da	ating relationship?
		Most	of the time	1		I have not begun to date	
		Som	etimes			O Yes	
		Ne	ever			O No	
						Not sure	
	H5.	If you drank some beer, wine, or liquor	000			~	
		(e.g., vodka, whiskey, or gin) without					
		your parents' permission, would you be				Now, some questions a	about vour
		caught by your parents?				SCHOOL EXPERIE	-
	H6.	If you go to a party where alcohol is	$\mathbf{O}\mathbf{O}\mathbf{C}$				
		served, would you be caught by your					
		parents?			S1.	Putting them all together, what we	ere vour grades like
	H7.	When I am not at home, one of my			•	for the last year?	gianes into
		parents/guardians knows where I am				Mostly A	
		and who I am with.				Mostly A and B	
_	H8.	My parents/guardians ask if I've gotten				Mostly B	
_		my homework done.				Mostly B and C	
_	н٩	Would your parents/guardians know if			$\langle ($	Mostly C	
_		you did not come home on time?	HUY			Mostly C and D	
						Mostly D	
_			U I			Mostly F	
		The following questions are shout S	AFETY		<u>, \'</u>	MOSTLY P	
_		The following questions are about S	AFEIT)		
_					52	How true are the following statem	ents?
_	V1.		or more tim	es	02.	new true are the renewing statem	
_		year (12 months) have you:	3-5 times			At my school, there is a	Very much true
_		1-2	2 times			teacher or some other	Pretty much true
		Ne	ever			adult:	A little true
		a. been in a physical fight?	000				Not at all true
		b. carried a weapon such as a					not at an truo
		handgun, knife, or club?				a. who really cares about me.	
		c. sold illegal drugs?	\bigcirc				
		d. been drunk or high at school?				b. who notices when I'm not there	
	V2.	In the past 12 months at school, how often	have vou			c. who listens to me when I have	
		been bullied, harassed, or made fun of beca				something to say.	
		your appearance or a disability?					
		Never 1-2 times 3-5 times	6 or mor	e		d. who notices if I have trouble le	arning
_			times	C		something.	
						-	
	V3.	During the past 12 months, has another				e. who tells me when I do a good	iob.
_		student at school:	Yes	No		e. Whe tene me when I de d geed	
_		a. bullied you by calling you names?		No		f. who always wants me to do my	v hest
		a. Samea you sy canny you names?	\cup	\smile			
_		b threatened to burt you?	\bigcirc			g. who believes I will be a succes	
		b. threatened to hurt you?	\cup	0		g. who believes I will be a succes	
		c bullind you by bitting purching	\frown			h who ancourages mo to work by	ard in
		c. bullied you by hitting, punching, kicking, or pushing you?	\bigcirc	\cup		h. who encourages me to work has school.	
		d bullind baraccad or enrord rumore	\sim				
		d. bullied, harassed, or spread rumors about you on the Internet, social media,	\bigcirc	\cup			
		or through text messages?					
				-6-	•		

+

S3. How true are the following statements?



- a. At school, I do interesting activities.
- b. At school, I help decide things like class activities or rules.
- c. At school, I do things that make a difference.
- - a. I feel close to people at this school.
 - b. I am happy to be at this school.
 - c. I feel safe in my school.
 - d. The teachers at this school treat students fairly.

The following questions are about WHAT YOU EAT and your PHYSICAL ACTIVITY

N1. How tall are you without your shoes on?

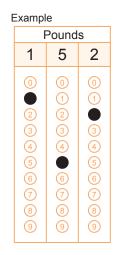
Directions: Write your height in the shaded blank boxes. Fill in the matching circle following each number.

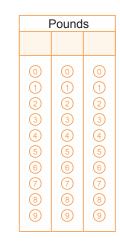
Example				
Feet	5	3467		
Inches	7	$0 1 2 3 4 5 6 \bullet 8 9 10 11$		

Feet	34567
Inches	0123456789101

N2. How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.





N3. During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians?



- N4. During the past 7 days, how many times did you eat fruit?
 - I did not eat fruit during the past 7 days
 - 1 to 3 times during the past 7 days
 - 4 to 6 times during the past 7 days
 - 1 time per day
 - 2 times per day
 - 3 times per day
 - 4 or more times per day

N5. During the past 7 days, how many times did you eat vegetables?

- I did not eat vegetables during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day
- N6. During the past 30 days, how often did you go hungry because there was not enough food in your home?
 - O Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always

N8.	On an average school day, how many hours do you spend on NON-SCHOOL RELATED "screen time"? (e.g., TV, videos, streaming, gaming (Xbox, PlayStation, or internet-based games), smart phone use, texting, social media, or the Internet) No screen time on an average school day Less than 2 hours per day 2-3 hours per day 4-6 hours per day 7 or more hours per day During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per	How honest were you in filling out this survey? I was very honest I was honest pretty much of the time I was honest some of the time I was honest once in a while I was not honest at all			
	day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.) 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days		Thank you for sharing your point of view. If any survey questions or your responses have caused you to feel uncomfortable or concerned and you would like to talk to someone about your feelings, talk to your school's counselor, to a teacher, or to another adult you trust. If you would rather talk to someone who doesn't know you, go to the website on the pencil you were given to complete this survey. The website has phone numbers you can call to share your feelings with someone who can help.		